

District Wellness Policy Evaluation for Individual Schools

Afton Elementary

School:

2017-2018

Year:

For each of the following areas please provide evidence of how your school complies with the district's wellness policy. If your school is not in full compliance with the district's policy, please describe the steps your school will take to become compliant.

1: Nutrition Education:

Evidence of compliance	Steps to improve compliance (if necessary)
<p>K-3 classrooms are given a fruit or vegetable everyday. Teachers have articles and information emailed to them so they can teach the students about that specific snack.</p> <p>Students are able to go online to our school website and take a survey about the fruits and vegetable they are learning about.</p> <p>Menus are sent home in the monthly newsletter. Classroom teachers post menus in each of their classrooms.</p> <p>Food service trainings that include: fall trainings, serve safe coursework, cook meeting once per month, food show conference, summer course work.</p>	

2: Physical Activity:

Evidence of compliance	Steps to improve compliance (if necessary)

<p>Afton Elementary School students are engaged in a rigorous physical education program that provides instruction and participation in activities that build strength, agility, flexibility and cardio-vascular development. This includes a broad range of competitive and cooperative activities and games.</p> <p>Student fitness levels are assessed using the "Fitness-Gram" assessment. A rubric is used to assess individual student skills in physical education activities measuring their progress as "excellent," "proficient," or "needs work".</p> <p>All students K-3 are invited to participate in our morning fitness. This includes fitness games, circuit training, relay races, aerobic activities, and running.</p> <p>All grade levels have 3 recesses daily. Students have a variety of fun, engaging, competitive, and cooperative activities to be involved in of their choosing.</p>	
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3: Nutrition Promotion:

Evidence of compliance	Steps to improve compliance (if necessary)
<p>We serve breakfast and lunch to any child that wants it. These meals all meet the USDA's National School Breakfast and Lunch Program criteria.</p> <p>There are no competitive foods offered for sale in our school or on the school grounds.</p> <p>Parents are informed of school district policies concerning outside food items. No home made food is distributed to students at school.</p>	

4: Other School-Based Activities Designed to Promote Student Wellness:

Evidence of compliance	Steps to improve compliance (if necessary)
At Afton Elementary all students eat lunch in their own grade level pods. Our pods are clean, and a friendly place for all students to eat lunch. They are able to sit and visit with their classmates while eating their lunch.	

5: Smart Snack Guidelines and Exempt Fundraisers (limit 5 per school):

Evidence of compliance	Steps to improve compliance (if necessary)
Vending Machines:None Student Store:None Food Service:N/A	

6: Please describe what changes, if any your school has made to comply with the wellness policy?

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7: Please list any concerns you have with the district wellness policy.

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